

DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary’s MAINS Autumn 1 2024

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded fish, chips/rosti/new potatoes and vegetables		✓		✓	✓		✓							
Fish, chips and vegetables		✓		✓	✓		✓							
Fish burger, potato lattice/chips and vegetables		✓		✓	✓		✓							
Fish fingers, chips/rosti/lattice and vegetables		✓		✓	✓		✓							
Fishcake, chips and vegetables		✓		✓	✓		✓							
Fishless fish fingers, chips and vegetables		✓		✓			✓							
Glamorgan sausage		✓					✓							✓
Jacket potato with a choice of fillings					✓		✓							
Jumbo fish finger, potato lattice/chips and vegetables		✓		✓	✓		✓							
Lasagne with garlic bread		✓		✓			✓							
Lentil pasta bake		✓		✓			✓							

Pasta bake with vegetables		✓		✓			✓							
Pasta with a choice of topping		✓		✓	✓		✓							
Hunters Quorn with rice		✓		✓			✓							
Quorn roast dinner		✓		✓			✓						✓	
Quorn roast sausage dinner		✓		✓			✓						✓	
Roast beef dinner		✓		✓			✓							
Roast gammon dinner		✓		✓			✓							
Roast sausage dinner		✓		✓			✓							
Sausage roll, potato rosti and vegetables		✓		✓			✓							✓
Tuna pasta bake		✓		✓	✓		✓							
Vegan sausage roll, potato rosti and baked beans/vegetables		✓		✓			✓						✓	
Vegetable fingers, new potatoes/chips/croquettes/rosti/crispers and vegetables		✓		✓			✓							
Vegetable lasagne with garlic bread		✓		✓			✓							
Veggie sausage roast dinner		✓		✓			✓						✓	

Vegetable pasta bake		✓					✓							
Veggie sausage, rosti/chips and vegetables		✓		✓			✓						✓	

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Reviewed by: C.Cartmell / K.Caesar-Gordon



You can find this template, including more information at www.food.gov.uk/allergy