



## MENU – week commencing 9<sup>th</sup> October 2023

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

	<b>Meat Free Monday</b>	<b>Tuesday Choose Day</b>	<b>Wonderful Roast Wednesday</b>	<b>Thursday Joyful Jackets</b>	<b>Friday Fish Friday</b>
Lunch	Vegan sausage roll with vegetable rice	Spaghetti Bolognese	Roast sausage with all the trimmings	Jacket potato with a choice of toppings	Fishcake, chips and vegetables
Vegetarian Option	Vegan sausage roll with vegetable rice	Quorn Bolognese	Roast veggie sausage with all the trimmings	Jacket potato with a choice of toppings	Bean burger, chips and vegetables
Dessert	Flapjack	Banana and custard	Fruit	Sprinkle cake	Jelly
Free From Option	Vegan sausage roll with vegetable rice Fruit smoothie	Spaghetti Bolognese Banana and custard	Roast sausage with all the trimmings Fruit	Jacket potato with a choice of toppings Traybake	Fish fingers, chips and vegetables Jelly
	<p>All meals will contain or be served with at least one portion of vegetables.  All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.  Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				