



## MENU – week commencing 21<sup>st</sup> October

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

	<b>Meat Free Monday</b>	<b>Tuesday Choose Day</b>	<b>Wonderful Roast Wednesday</b>	<b>Thursday Joyful Jackets</b>	<b>Friday INSET DAY</b>
Lunch	Vegan sausage roll with rosti and vegetables	Lasagne with garlic bread	Roast Gammon with all the trimmings	Jacket potato with a choice of toppings	
Vegetarian Option	Vegan sausage roll with rosti and vegetables	Vegetable lasagne with garlic bread	Roast Quorn with all the trimmings	Jacket potato with a choice of toppings	
Dessert	Fruit	Jelly	Apple Cake	Fruit	
Free From Option	Heck sausage with chips and vegetables	Burger pasta bake	Roast Gammon with all the trimmings	Jacket potato with a choice of toppings	
Free From Dessert	Fruit	Jelly	Fruit smoothie	Fruit	
	<p>All meals will contain or be served with at least one portion of vegetables.            All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.            Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				