

DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary’s MAINS – Spring 1 2025

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered fish, chips and vegetables		✓		✓	✓		✓							
Breaded fish, chips/rosti/new potatoes and vegetables		✓		✓	✓		✓							
Cod bites, croquettes and vegetables		✓		✓	✓		✓							
Fish, chips and vegetables		✓		✓	✓		✓							
Fish burger, potato lattice/chips and vegetables		✓		✓	✓		✓							
Fishcake, chips/potato rosti and vegetables		✓		✓	✓		✓							
Fish fingers, chips/rosti/lattice and vegetables		✓		✓	✓		✓							
'Free from' fish fingers, new potatoes/chips and vegetables					✓									
'Free from' tuna and broccoli pasta bake					✓									
Garlic bread		✓					✓							
Glamorgan sausage		✓					✓							✓

'Free from' tuna pasta bake					✓									
Jacket potato with a choice of fillings					✓		✓							
Jumbo fish finger, potato lattice/chips and vegetables		✓		✓	✓		✓							
Meatballs and spaghetti		✓		✓			✓							
Pasta bake with vegetables		✓		✓			✓							
Pasta with a choice of topping		✓		✓	✓		✓							
Quorn roast lunch		✓		✓			✓						✓	
Quorn roast sausage lunch		✓		✓			✓						✓	
Roast beef lunch		✓		✓			✓							
Roast falafel lunch		✓		✓			✓							
Roast gammon lunch		✓		✓			✓							
Roast sausage lunch		✓		✓			✓							
Spaghetti Bolognese and garlic bread		✓		✓			✓							
Tuna pasta bake		✓		✓	✓		✓							

Vegetable pasta bake		✓		✓			✓							
Veggie burger, potato rosti/chips/hash browns and vegetables		✓		✓			✓						✓	
Vegetable curry and rice		✓					✓							
Vegetable fingers, new potatoes/chips/croquettes/rosti/crispers and vegetables		✓		✓			✓							
Veggie meatballs and spaghetti		✓		✓			✓						✓	
Veggie sausage roast lunch		✓		✓			✓						✓	
Vegetable pasta bake		✓					✓							

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Reviewed by: C.Cartmell / K.Caesar-Gordon



You can find this template, including more information at www.food.gov.uk/allergy