

# DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary’s MAINS Autumn 2 2024

All free from menu options are free from gluten and dairy products – for further information please email [homemade@haddenham-st-marys.bucks.sch.uk](mailto:homemade@haddenham-st-marys.bucks.sch.uk)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Butter chicken curry		✓					✓							
Cottage pie							✓							
Chicken goujons, potato rosti/wedges/crispers and vegetables/salad		✓		✓			✓							
Breaded fish, chips/rosti/new potatoes and vegetables		✓		✓	✓		✓							
Fish, chips and vegetables		✓		✓	✓		✓							
Fish burger, potato lattice/chips and vegetables		✓		✓	✓		✓							
Fish fingers, chips/rosti/lattice and vegetables		✓		✓	✓		✓							
Fishcake, chips and vegetables		✓		✓	✓		✓							
Fishless fish fingers, chips and vegetables		✓		✓			✓							
Glamorgan sausage		✓					✓							✓
Jacket potato with a choice of fillings					✓		✓							

Pasta with a choice of topping		✓		✓	✓		✓							
Nut free pesto pasta							✓							
Quorn roast lunch		✓		✓			✓						✓	
Roast beef lunch		✓		✓			✓							
Roast gammon lunch		✓		✓			✓							
Roast sausage lunch		✓		✓			✓							
Roast turkey lunch														
Tuna pasta bake		✓		✓	✓		✓							
Vegetable fingers, new potatoes/chips/croquettes/rosti/crispers and vegetables		✓		✓			✓							
Vegetable pasta bake		✓					✓							

Review date:  
04/10/24

Reviewed by: C.Cartmell / K.Caesar-Gordon



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