DISHES AND THEIR ALLERGEN CONTENT – Homemade@Haddenham St Mary's MAIN DISHES – Spring 2 All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

An free from menu (om menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk													
						Lupin	Milk		MUSTARD			SSAM		Boer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MAINS:														
Broccoli bake	1	1		√			✓						1	
Cauliflower cheese grill		1					✓							
Cheesy pizza		1					✓							
Crunchy vegetable pie	1	1		✓			✓		1				1	
Hunters chicken pasta bake		✓					✓							
Lentil pasta bake													✓	
Pork sausages		1												1
Toad in the hole		✓		✓			✓							✓
Tuna pasta bake					✓									
Vegetable paella														

Vegetable sausage	1	✓							
ROAST:									
Beef									
Gammon									1
Pork chipolatas		✓							✓
FISH:									
Cod fillet		✓		✓		1			
Salmon fishcake		√		✓					
Fishcake				✓					
Fishfinger				✓					
STARCHY FOODS:									
Pasta		√							
Rice									
Chips									

Rosti								
Herby diced potatoes	✓							
Roast potatoes	✓							
Mashed potatoes				1				
Potato wedges								
Vegetable roast	✓	√						
SAUCES:								
Butter chicken sauce				√				
Pesto				√				

Review date: 22/01/25

 $\label{eq:condition} \textbf{Reviewed by:} \quad \text{C.Cartmell / K.Caesar-Gordon}$



You can find this template, including more information at www.food.gov.uk/allergy