



MENU – week commencing 6th November 2023

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Cheesy pizza with vegetable sticks	Meatballs with spaghetti	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Fish burger, chips and vegetables
Vegetarian Option	Cheesy pizza with vegetable sticks	Vegetable meatballs with spaghetti	Roast quorn fillet with all the trimmings	Jacket potato with a choice of toppings	Vegetable quarter pounder, chips and vegetables
Dessert	Rice pudding with jam	Fruit	Lemon cheesecake	Fruit	Oat and raisin cookie
Free From Option	Cheesy pizza with vegetable sticks	Meatballs with spaghetti	Roast gammon with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Free From Dessert	Peach slices	Fruit	Jelly	Fruit	Traybake
	All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.				