



Support and Resources for Schools and Families in Buckinghamshire

These links and telephone numbers will assist those looking for support, whether it is financial, food, social or emotional, there are a variety of services available locally and nationally to help you.

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Finance, Bills and Support

Buckinghamshire Help: <https://www.buckinghamshire.gov.uk/cost-of-living/> 01296 531 151 or 0800 999 7677

Buckinghamshire Warm Spaces: <https://www.buckinghamshire.gov.uk/cost-of-living/find-a-place-to-keep-warm-welcoming-spaces/> 01296 531 151 or 0800 999 7677

Government Cost of Living Support: <https://costoflivingsupport.campaign.gov.uk/>

Government Cost of Living Payment: <https://www.gov.uk/guidance/cost-of-living-payment>

Helping Hand: <https://www.buckinghamshire.gov.uk/housing-and-benefits/support-with-food-bills-and-finances/>

Money and Benefits: [Money and benefits | Family Information Service \(buckinghamshire.gov.uk\)](#) 0800 138 7777

Bucks Family Information Service: [Buckinghamshire Family Information Service](#) 01296 383 293

Food Bank Vouchers and Referrals: [Food Vouchers - The Trussell Trust](#) 01722 580 180

National Energy Action: <https://www.nea.org.uk/> 0800 304 7159

UK Bill Help: <https://www.billhelp.uk/>

Family Fund supports families raising disabled and seriously ill children and young people: [Family Fund Support | Family Fund](#) 01904 550055

Home Start: <https://www.home-start.org.uk/> 0116 464 5490

Confused.com Petrol Prices: <https://www.confused.com/petrol-prices> (requires a registration)

Benefit and Grant Calculator: <https://www.entitledto.co.uk/>

Money Saving Expert: <https://www.moneysavingexpert.com/>

Energy Bill Support Scheme: <https://www.gov.uk/government/news/energy-bills-support-scheme-explainer>

Help with Energy Bills: <https://www.ofgem.gov.uk/information-consumers/energy-advice-households/getting-help-if-you-cant-afford-your-energy-bills>

Money Helper Energy: <https://www.moneyhelper.org.uk/en/money-troubles/dealing-with-debt/struggling-to-pay-your-gas-or-electricity-bill> 0800 138 7777

Energy Saving Trust: <http://www.energysavingtrust.org.uk/energy-at-home>

Simple Energy Advice: <https://www.simpleenergyadvice.org.uk/> 0800 444 202

Better Housing Better Health: <https://www.bhbh.org.uk/> 0800 107 0044

Buckinghamshire Financial Insecurity Partnership: <https://www.buckinghamshire.gov.uk/campaign/money-problems/>

Turn2Us: <https://www.turn2us.org.uk/> 0808 802 2000

Step Change: <https://www.stepchange.org/> 0800 138 1111

Quaker Social Action: <https://quakersocialaction.org.uk/we-can-help/money-finances/made-money/financial-wellbeing/help-cost-living> 020 8983 5030

Government Advice: <https://www.gov.uk/cost-of-living>

Citizen's Advice: <https://www.citizensadvice.org.uk/> 0800 144 8848

Food, Shopping & Cooking

Bucks Family Information Service: <https://familyinfo.buckinghamshire.gov.uk/advice-and-support/money-and-benefits/help-with-essentials/>

Food Bank Directory: <https://directory.buckinghamshire.gov.uk/?categories=food-support&collection=advice-and-support&page=1>

Wycombe Food Hub: <https://wycombefoodhub.org/>

Kids Eat Free: <https://moneysavingcentral.co.uk/kids-eat-free>

Healthy Living Centre <https://www.healthylivingcentre.com/community-projects/> 01296 334562

Fare Share: <http://fareshare.org.uk/> 0330 088 8688

Buckinghamshire Disability Service: <https://buds.org.uk/information/> 01494 211179

Transforming Lives for Good – Make Lunch: <https://www.tlg.org.uk/> 01274 900373

Trussell Trust: [Trussell Trust](https://www.trusselltrust.org/) 01722 580 180

Connection Support: <https://www.connectionsupport.org.uk/> 01296 484322

Olio Food Sharing: <https://olioex.com/>

Joseph Rowntree Foundation: <https://www.jrf.org.uk/>

Family Lives: <https://www.familylives.org.uk/> 0808 800 2222

One Can Trust: <https://onecantrust.org.uk/food-bank-collection-points/> 01494 512277

Bootstrap Cook: <https://cookingonabootstrap.com/>

Budget Food Ideas: <https://savings4savvymums.co.uk/>

Meal Planning: <https://savvybites.co.uk/7-day-aldi-budget-meal-plan-dec-21-27/>

Empower to Cook <https://www.empowertocook.co.uk/about>

Too Good To Go: <https://toogoodtogo.co.uk/en-gb/consumer>

How to Spend Less: [Which.co.uk](https://www.which.co.uk/)

Cut Down Grocery Bills: <https://inews.co.uk/inews-lifestyle/money/bills/six-top-tips-to-help-you-save-on-your-grocery-bills-1912670>

Bucks Food Partnership: <https://bucksfoodpartnership.org/emergency-food/>

Community Hubs & Foodbanks

Aylesbury

Aylesbury and Various Support Links: <https://www.aylesburytownchaplancy.co.uk/about-aylesbury-town-chaplancy/support/> 01296 398110

Southcourt Baptist Church: https://www.southcourtbaptist.org.uk/SBC_NEIGHBOURHOOD.htm 01296 480080

Aylesbury Vineyard - Make Lunch, Storehouse clothing and furniture & foodbank: <https://aylesburyvineyard.church/> 01296 424400

Aylesbury Foodbank: <https://aylesbury.foodbank.org.uk/> 01296 395514

Food Cycle: <https://foodcycle.org.uk/location/foodcycle-aylesbury/> 020 7729 2775

Esquires Coffee shop and Church on Berryfields: foodbank@churchonberryfields.org 07919 332859

Wendover Free Church: <http://www.wendoverfreechurch.org.uk/> 01296 622354

Milton Keynes Foodbank: <http://mkfoodbank.org.uk/about-the-food-bank/> 01908 322 800

Buckingham Parish Church: https://www.bpchurch.uk/Groups/149163/Buckingham_Parish_Church/Church_Life/Community/Community.aspx 01280 830220

St Peter & St Paul's Church, Buckingham: Provides food for those in need living north of Winslow

https://www.buckinghamparishchurch.org.uk/Groups/237838/Buckingham_Parish_Church/Church_Life/Community/Buckingham_Food_Bank/Buckingham_Food_Bank.aspx 01280 830220

Thomas Hickman's Charity : 14 Bourbon Street , Aylesbury, HP20 2RS , 01296 318500

Offers small grants to Aylesbury Town residents in need; applications can be made by families to cover expenses such as uniform, school shoes etc. <https://thomashickmancharity.co.uk/> 01296 318500

Youth Concern will only help young people under the age of 25 with a connection to Buckinghamshire. They will be provided with a hot meal as well as shelter and advice. <https://www.youthconcern.org.uk/> 01296 431183

Aylesbury Homeless Action Group: <http://www.ahag.org.uk/> 01296 435026

Swan Community Hub: <https://www.swancommunityhub.org.uk/>

Bernie the Bernwode Bus: <https://www.facebook.com/BernwodeBus/>

Bicester Foodbank: <https://bicester.foodbank.org.uk/> 01869 321806

Buckingham Parish Church: https://www.bpchurch.uk/Groups/149163/Buckingham_Parish_Church/Church_Life/Community/Community.aspx 01280 81500

Trussell Trust: Calvary Parish, Community Suite, Church Of England Primary School, Orchard Paradise, Berryfields, Aylesbury HP18 0WS

Jedidiah: <https://www.jedidiah.org.uk/locations>

Chiltern & South Bucks

Burnham Care & Share: https://bhpt.org.uk/care-and-share/?dm_i=5438,KZ6A,4CAIDS,2ICYN,1 07483326525

Chesham Community Fridge: <https://cheshamcommunityfridge.org/>

Chesham Food Bank: <https://www.facebook.com/Chiltern-foodbank-180188352017845/>

Kings Church, Amersham, Make Lunch, baby baskets, dad's support and furniture project. Call 01494 431882. Bags of food, fruits, and more is provided from the church. <https://www.kca.church/communitycare>

Chiltern Foodbanks: <http://chiltern.foodbank.org.uk/> 01494 785 660

Hope Church, Beaconsfield: https://www.hopebeaconsfield.co.uk/Groups/243545/Hope_Community_Drop.aspx
01494 675185

Slough Foodbank: <https://slough.foodbank.org.uk/> 0808 2082138

St George's Church, Little Chalfont – Thursday lunch

<https://www.achurchnearyou.com/church/5924/service-and-events/events-regular/> 01923 286131

<https://www.cheniesbenefice.org/st-georges-little-chalfont> 01494 762233

St Michael & All Angels church in Beaconsfield: <https://stmichaelsbeaconsfield.org.uk/> 07584 637697

Denham One Can food bank: <https://www.denhamcommunitysupport.co.uk/food-bank.html> 07584 637697

Chiltern Trussell Trust food bank is located at 71 Broadway, Chesham, Bucks, HP5 1BX, and telephone is 01494 775668. <https://www.trusselltrust.org/get-help/find-a-foodbank/chiltern/> also at:

The King's Church, Raans Road, Amersham, provides a parcel of food on Monday from 10 am to 2 pm.

St George's Church is open on Thursdays, White Lion Road, Little Chalfont HP7 9LW.

- Calvary Parish, Community Suite, Church Of England Primary School, Orchard Paradise, Berryfields, Aylesbury HP18 0WS.
- 71 Broadway, Chesham HP5 1BX is open from 10.30am – 12.30pm.
- The King's Church, Raans Road, Amersham, provides a parcel of food on Monday from 10 am to 2 pm.
- St George's Church is open on Thursdays. The address is White Lion Road, Little Chalfont HP7 9LW.

The Baby Bank (Windsor): <https://www.thebabybank.org/>

Food Share Maidenhead: <https://www.foodshare.today/>

Wycombe

Wycombe Food Hub: <https://wycombefoodhub.org/>

High Wycombe Society has free food or meals for older residents, such as pensioners, from the Pop-In-Centre. The charity also runs a furniture project, provides financial aid (which can be used for buying food or groceries) and other help. Find more information on [support from High Wycombe Society](#) and how the charity can assist.

Maidenhead foodbank: <https://www.facebook.com/FoodshareMaidenheadFoodbank/>

One Can Trust: One Can Trust has operates a foodbank based in High Wycombe, serving the Wycombe and Marlow area. They work with almost 100 front line agencies who refer people for food aid: <http://onecantrust.org.uk>

St John the Baptist Church, Little Marlow: <https://4u-team.org/onecantrust/> 07584 637697

Wycombe Homeless Connection: <https://www.wyhoc.org.uk/> 01494 447699

Holy Trinity Church, Prestwood: <https://www.htprestwood.org.uk/> 01494 863805

Buckinghamshire Food Partnership: <https://bucksfoodpartnership.org/emergency-food/>

Big Yellow Storage A bag of groceries with enough food for 3 days is provided to the low income. 07584 637697

Housing

Money Helper Mortgages: <https://www.moneyhelper.org.uk/en/homes/buying-a-home/government-help-if-you-cant-pay-your-mortgage> 0800 138 7777

Shelter: https://england.shelter.org.uk/get_help 0808 800 4444

Centrepoin: <https://centrepoin.org.uk/what-we-do/housing/> 0800 587 5158

Homeless Link: <https://homeless.org.uk/>

Government Guidance: <https://www.gov.uk/if-youre-homeless-at-risk-of-homelessness>

Crisis: <https://www.crisis.org.uk/ending-homelessness/about-homelessness/>

Salvation Army: <https://www.salvationarmy.org.uk/homelessness>

Housing Ombudsmen: <https://www.housing-ombudsman.org.uk/residents/helpful-links/>

P3 Housing Support: <https://www.p3charity.org/services/buckinghamshire-housing-support-service->

Advice Now: <https://www.advicenow.org.uk/help-deal-housing-problems>

Buckinghamshire Council: <https://www.buckinghamshire.gov.uk/housing-and-benefits/>

DePaul: <https://www.depaul.org.uk/>

Foyer: <https://www.foyer.net/>

YMCA: <https://www.ymca.org.uk/about/what-we-do/housing>

Money and Budget Advice Websites

- [Money and benefits | Family Information Service \(buckinghamshire.gov.uk\)](https://www.buckinghamshire.gov.uk/family-information-service) 01296 383293
- www.citizensadvicebucks.org.uk 0800 278 7938
- <https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/family.page?familychannel=3>
- <https://quidsinmagazine.com/> 0845 646 0469
- <https://www.moneyadvice.org.uk/en> 0800 138 7777
- <https://www.moneysavingexpert.com/news/2011/04/free-money-advice-service-launches/>
- <http://www.billhelp.uk/>
- <https://www.bbc.co.uk/bitesize/tags/zm2chbk/money/1>
- <https://lookaftermybills.com/> 0300 123 2040
- <https://www.stepchange.org/debt-info/your-financial-situation/making-a-budget.aspx> 0800 138 111
- <https://www.childrenssociety.org.uk/advice-hub/money-matters/budgeting> 0300 303 7000
- <https://capuk.org/> 01274 760761
- <https://www.entitledto.co.uk/>
- <https://nationaldebtline.org/> 0808 808 4000
- <https://www.bucksmind.org.uk/guide/category/advice-and-information/> 01494 463364
- <https://www.familyfund.org.uk/>
- <https://contact.org.uk/> 020 7608 8700

Support and General Advice

- <https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/site.page?id=niLwOu14rtI> 01296 383292
- <https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/home.page>
- <https://www.buckinghamshire.gov.uk/community-and-safety/>
- <https://www.citizensadvice.org.uk/> 0808 223 113
- <https://www.relate.org.uk/>
- <https://contact.org.uk/help-for-families/information-advice-services/benefits-financial-help/> 0808 808 3555
- <https://england.shelter.org.uk/> 0808 800 4444
- <https://www.samaritans.org/> 116 123
- <https://www.met.police.uk/police-forces/metropolitan-police/areas/about-us/about-the-met/campaigns/ask-for-angela/> 0800 555 111
- http://www.barnardos.org.uk/what_we_do/our_work/service-search.htm 0800 11 11
- <https://www.myrtwellbeing.org.uk/> 020 83587280

- <https://www.england.nhs.uk/supporting-our-nhs-people/how-to-guides/financial-wellbeing/financial-wellbeing-support/> 0300 311 22 33_
- <https://www.womensaid.org.uk/>
- <https://www.areyouok.co.uk/im-a-professional/campaign-materials/ask-for-angela/>
- <https://www.aylesburywomensaid.org.uk/refuge/> 01296 437 777
- <https://www.wycombewomensaid.org.uk/> 01494 461367
- <https://www.refuge.org.uk/get-help-now/help-for-men/> 0808 2000 247_
- <http://www.mensadviceline.org.uk/> 0808 8010327
- <https://www.connectingbuckschools.com/bereavement/>
- <https://www.gingerbread.org.uk/> 0808 802 0925
- <https://www.singleparents.org.uk/>
- <https://www.netmums.com/support/single-parents>
- <https://www.carersuk.org/help-and-advice/financial-support> 0808 808 7777
- <https://www.chat-charity.org.uk/> 07402 063133
- <https://ourtime.org.uk/schools/>
- <https://www.family-action.org.uk/> 0808 802 6666
- <https://www.cafcass.gov.uk/about-cafcass/>
- <https://www.supportline.org.uk/problems/coronavirus-covid-19/> 01708 765200
- <https://www.buckinghamshire.gov.uk/community-and-safety/community-centres-and-youth-clubs/> 0300 131 6000
- <https://www.connectionsupport.org.uk/> 01908 101330
- <https://services.actionforchildren.org.uk/bucks-activity-project/about-us/> 01296 438230
- <https://mymaxcard.co.uk/> 01133 947951
- <https://oasispartnership.org/> 0300 6662747
- <https://www.home-start.org.uk/> 0116 464 5490
- <https://www.familylives.org.uk/> 0808 800 2222

Wellbeing & Mental Health

Suicide Prevention and Support

- <https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/help-for-suicidal-thoughts/>
- <https://www.samaritans.org/> Call 116 123
- <https://www.mentalhealth.org.uk/our-work/public-engagement/suicide-prevention>
- <https://www.papyrus-uk.org/> Call: 0800 068 4141 or text: 07860 039 967
- <https://sossilenceofsuicide.org/> 0808 115 1505

Mental Health Support

- <https://schoolsweb.buckscc.gov.uk/behaviour-wellbeing/wellbeing-support-for-buckinghamshire-schools/wellbeing-resources/> 0800 783 0121
- <https://www.connectingbuckschools.com/buckinghamshire-wellbeing-resources/>
- <https://www.minded.org.uk/>
- <https://giveusashout.org/>
- <https://studentspace.org.uk/> 0808 808 4994_
- [Autonomous sensory meridian response on BBC R1](#)
- <https://www.thecalmzone.net/> 0800 585858
- <https://www.mentalhealth.org.uk/publications/make-it-count-guide-for-pupils> 020 7803 11 00
- <https://www.mind.org.uk/information-support/> 0300 123 3393_
- <https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/> 01296 831120
- <https://www.time-to-change.org.uk/mental-health-and-stigma/help-and-support> 116 123
- <https://www.bbc.co.uk/bitesize/tags/z7qg6v4/mental-health/1>
- <https://www.nhs.uk/conditions/stress-anxiety-depression/feeling-lonely/> 116 123
- <https://www.mind.org.uk/information-support/tips-for-everyday-living/loneliness/#.XeZ-ZoP7TIU> 0300 123 3393

- <https://www.royalvoluntaryservice.org.uk/> 0330 555 0310
- <https://www.nuffieldhealth.com/article/10-ways-to-take-action-against-loneliness> 0333 3558038_
- <https://www.rethink.org/> 0121 522 7007
- <https://youngminds.org.uk/> 0808 802 5544
- <https://www.headstogether.org.uk/>
- <https://www.studentminds.org.uk/lookingafteryourmentalwellbeing.html> 0113 343 8440
- <https://www.myworldofwork.co.uk/wellbeing-support> 0800 917 8000
- <https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing> 0300 123 1233
- <https://www.together-uk.org/> 020 7780 7300
- <https://www.princes-trust.org.uk/help-for-young-people/who-else/housing-health-wellbeing/wellbeing/mental-health> 0800 842 842
- <https://headstrongtraining.co.uk/services-for-education/> 07492 903659
- [Our Time | For children of parents with a mental illness](#) 07537 404 282
- <https://www.mindsahead.org.uk/>
- <https://www.nhs.uk/conditions/menopause/help-and-support/> 01296 831120_
- <https://www.menopauseandme.co.uk/> 01707 853000
- <https://www.familyfund.org.uk/>

Apps Available

- #stayalive - a suicide prevention resource full of useful information and tools to help you stay safe in crisis
- Aura – Personalised meditation
- Blueice – for managing emotions
- Bright Sky - support and information for anyone who may be in an abusive relationship
- Calm – Meditate, sleep, relax
- Calm Harm - help teenagers manage or resist the urge to self-harm
- Catchit – Learn to manage negative thoughts and look at problems differently
- Chillpanda – Breathing techniques to help you relax
- Clear Fear - help children and young people manage symptoms of anxiety
- Combined Minds - help families and friends provide mental health support
- Couch to 5K – fitness and motivation
- Cove – Create Music to reflect emotions
- Daylight - provides help to people experiencing symptoms of worry and anxiety
- Daylio Journal – this journal can help reduce anxiety and promote mindfulness
- Elefriends - a supportive online community from the mental health charity Mind (over 17s only)
- eQuoo – emotional fitness game
- Feeling Good: Positive Mindset – Uses audio tracks to help relax your body and mind
- Google Translate – web page to enable translation of any language
- Headspace - mindfulness and meditation, providing unique tools and resources to help reduce stress, build resilience, and aid better sleep
- iTranslate - write and speak in over 100 languages, anywhere in the world.
- Liberate Meditation - meditation app that offers culturally sensitive and diverse meditations and talks that have been curated for the BAME community
- Mind Shift - designed to help teens and young adults cope with anxiety
- Mood Tools - designed to help you combat depression and alleviate your negative moods, aiding you on your road to recovery
- My Possible Self - monitor your feelings and recognise any patterns or triggers in your behaviour
- notOK - features a large, red button that can be activated to let close friends, family and their support network know help is needed
- Recovery Record - the smart companion for managing your journey to recovery from eating disorders
- Rise Up - for people struggling with food, dieting, exercise and body image
- Sam - to help you understand and manage anxiety

- SAMHSA – Suicide Safe - helps providers feel confident to assist patients who present with suicidal ideation
- sayhi - Have a conversation in two languages and easily understand each other.
- Silver Cloud - supportive and interactive programmes, tools and tactics for mental and behavioural health issues
- Sleepio - sleep improvement programme that is fully automated and highly personalised, using cognitive behavioural techniques to help improve poor sleep
- Smart Recipes - from Change4Life is an easy way of helping you prepare tasty, healthier meals
- Streaks- a to-do list that helps you form good habits
- Student Health App – information for students
- Text Grabber - Scan and translate any printed text from image
- Thrive – Use games to track your mood and teach yourself methods to take control of stress
- Unmind - a mental health platform that empowers staff to proactively improve their mental wellbeing
- Virtual Hope Box - helps people live through painful emotional experiences through distraction, inspiration, relaxation, coping, support and reasons for living
- Worry Tree – help to manage worries with CBT

Refugee Support

Bucks Refugee Support: <https://schoolsweb.buckscc.gov.uk/support-available-for-ukrainian-families-in-buckinghamshire/> 0300 131 6000

Refugee Council <https://www.refugeecouncil.org.uk/> 08081967272

Refugee Action <https://www.refugee-action.org.uk/>

Families with No Recourse to Public Funds:

https://www.proceduresonline.com/buckinghamshire/chservices/p_no_recourse_public.html

Unaccompanied Asylum-seeking Children: <https://bscb.procedures.org.uk/qkqsq/children-in-specific-circumstances/migrant-and-unaccompanied-asylum-seeking-children-guidance>

Amnesty International <https://www.amnesty.org/en/what-we-do/refugees-asylum-seekers-and-migrants/>
020-74135500

Community Impact Bucks <https://communityimpactbucks.org.uk/support-for-ukrainian-refugees-in-buckinghamshire/>
0300 111 1250

Bucks Skills Hub: <https://bucksskillshub.org/pages/support-for-refugees> 01494 927130

Ukrainian Institute <https://refugee-support.ukrainianinstitute.org.uk/settling-into-the-uk>

Refugees at Home <https://www.refugeesathome.org/>

Mind <https://www.bucksmind.org.uk/ukraine-refugee-support/> 01494 463364

Heart of Bucks <https://heartofbucks.org/buckinghamshire-launches-its-ukraine-crisis-fund/> 01296 330 134

Helping Hand for Ukraine: <https://www.buckinghamshire.gov.uk/community-and-safety/helping-hand-for-ukraine/>
0300 131 6000

Helping Hand: Support for Afghanistan: <https://www.buckinghamshire.gov.uk/community-and-safety/how-we-are-supporting-the-afghan-crisis/> 0300 131 6000

Settling in Buckinghamshire: Information for Afghan migrants: <https://www.buckinghamshire.gov.uk/community-and-safety/welcome-to-bucks/> 0800 999 7677

English Language Support: <https://www.buckinghamshire.gov.uk/community-and-safety/helping-hand-for-ukraine/help-and-support-if-youve-recently-arrived-from-ukraine/english-language-support/> 0300 131 6000

Wycombe Refugee Partnership: <https://www.wycombe-refugees.org/> 0845 643 2873

Marlow Ukraine Collective <https://ukrainecollective.co.uk/>

Marlow Refugee Action: <https://marlowrefugeeaction.org.uk/wafaa-from-syria-to-bucks/>

Bucks Business First: <https://bbf.uk.com/support-for-refugees> 01494 927130

Bucks New University: <https://www.bucks.ac.uk/news/bnu-launches-new-scholarships-refugees-and-asylum-seekers>
01494 522 141

Migrant & Refugee Children's Legal Unit: <https://miclu.org/servicesmap> 020 7288 7630

COVID-19 Information and Support

<https://www.buckinghamshire.gov.uk/coronavirus/>

<https://www.gov.uk/coronavirus>

<https://www.gov.uk/government/news/new-guidance-sets-out-how-to-live-safely-with-covid-19>

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Gypsy, Roma Traveller

Roma Support Group: <https://www.romasupportgroup.org.uk/>

Traveller Movement: <https://travellermovement.org.uk/>

Friends, Families & Travellers: <https://www.gypsy-traveller.org/>

Travellers Times: <https://www.travellerstimes.org.uk/advice>

Friends, Families and Travellers <https://www.gypsy-traveller.org/>

Missing Persons

<https://www.thamesvalley.police.uk/advice/advice-and-information/missing-person/missing-persons/>

<https://missingpersons.police.uk/en-gb/home#>

<https://www.missingpeople.org.uk/>

<https://www.gov.uk/report-missing-person>