



MENU – week commencing 15th July 2024

Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Vegan Sausage Roll with rosti and vegetables	Chicken curry with vegetable rice	Roast Beef with all the trimmings	Pasta with a choice of toppings	Breaded fish and vegetables
Vegetarian Option	Vegan Sausage Roll with rosti and vegetables	Quorn curry with vegetable rice	Roast Quorn meatballs with all the trimmings	Pasta with a choice of toppings	Glamorgan sausage and vegetables
Dessert	Fruit	Apple crumble traybake	Choc Chip muffin	Fruit	Jelly
Free From Option	Heck Sausage with rosti and vegetables	Chicken curry with vegetable rice	Roast Beef with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Free From Dessert	Fruit	Fruit smoothie	Traybake	Fruit	Jelly
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				