



MENU – week commencing 9th December

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Cheesy pizza with nachos and vegetable sticks	Chicken goujons with wedges and vegetables	Bangers and mash pie with vegetables	Jacket potato with a choice of toppings	Fish burger, chips and vegetables
Vegetarian Option	Cheesy pizza with nachos and vegetable sticks	Glamorgan sausage with wedges and vegetables	Vegetarian bangers and mash pie with vegetables	Jacket potato with a choice of toppings	Vegetable burger, chips and vegetables
Dessert	Fruit	Yoghurt	Flapjack	Fruit	Biscuit
Free From Option	Cheesy pizza with nachos and vegetable sticks	'Free From' goujons with wedges and vegetables	Bangers and mash pie with vegetables	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Free From Dessert	Fruit	Jelly	Fruit smoothie	Fruit	Traybake
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				