



MENU – week commencing 30th September

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Cheesy pizza with vegetable sticks and nachos	Burger pasta	Roast Sausage with all the trimmings	Jacket potato with a choice of toppings	Fish burger, chips and vegetables
Vegetarian Option	Cheesy pizza with vegetable sticks and nachos	Lentil pasta bake	Roast Quorn sausage with all the trimmings	Jacket potato with a choice of toppings	Fishless fish finger, chips and vegetables
Dessert	Flapjack	Jelly	Choc chip muffin	Fruit	Vanilla biscuits
Free From Option	Cheesy pizza with vegetable sticks and nachos	Burger pasta bake	Roast Sausage with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables
Free From Dessert	Fruit smoothie	Jelly	Fruit	Peaches	Traybake
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</p>				