

MENU – week commencing 25th November

Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday	
Lunch	Vegetable pasta bake	Chilli with vegetable rice and nachos	Roast Gammon with all the trimmings	Jacket potato with a choice of toppings	Fish cake, wedges and vegetables	
Vegetarian Option	Vegetable pasta bake	Lentil chilli with vegetable rice and nachos	Roast Quorn with all the trimmings	Jacket potato with a choice of toppings	Vegetable fingers, wedges and vegetables	
Dessert	Flapjack	Frozen mousse	Fruit	Jelly	Choc chip cookie	
Free From Option	Vegetable pasta bake	Chilli with vegetable rice and nachos	Roast Gammon with all the trimmings	Jacket potato with a choice of toppings	Fish fingers, chips and vegetables	
Free From Dessert	Traybake	Fruit smoothie	Fruit	Jelly	Fruit	
	All ro	All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.				