



## MENU – week commencing 16<sup>th</sup> October 2023

**\*\*Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues\*\***

|                   | <b>Meat Free<br/>Monday</b>   | <b>Tuesday<br/>Choose Day</b>                         | <b>Wonderful<br/>Roast Wednesday</b>           | <b>Thursday<br/>Joyful Jackets</b>                            | <b>Friday<br/>Fish Friday</b> |
|-------------------|---|---|--|---|-------------------------------|
| Lunch             | Vegetable pasta bake  | Sausage in a bun, chips and vegetable sticks          | Roast beef with all the trimmings              | Jacket potato with a choice of toppings                       |                               |
| Vegetarian Option | Vegetable pasta bake  | Veggie sausage in a bun, chips and vegetable sticks   | Roast quorn with all the trimmings             | Jacket potato with a choice of toppings                       |                               |
| Dessert           | Flapjack  | Fruit   | Angel delight                                  | Jam doughnut  |                               |
| Free From Option  | Vegetable pasta bake<br>Traybake  | Sausage in a bun, chips and vegetable sticks<br>Fruit | Roast beef with all the trimmings<br><br>Jelly | Jacket potato with a choice of toppings<br><br>Fruit smoothie |                               |
|                   | <p><b>All meals will contain or be served with at least one portion of vegetables.</b><br/> <b>All roast dinners, sausage &amp; mash and pie dishes will have the option of extra gravy.</b><br/> <b>Please note that we may sometimes have to provide a similar substitute at short notice due to supply issues.</b></p> |   |  |   |                               |