DISHES AND THEIR ALLERGEN CONTENT - Homemade@Haddenham St Mary's

PUDDINGS Autumn 1 2023

All free from menu options are free from gluten and dairy products – for further information please email homemade@haddenham-st-marys.bucks.sch.uk

DISHES					M. S.	Lupin	Milk		MUSTARD			SISAME		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Angel delight							√							
Apple crumble		✓					✓							
Banana and custard		✓		V			✓							
Chocolate biscuit		✓		V			✓							
Chocolate chip shortbread		✓		V			✓							
Flapjack		✓					✓							
Fresh fruit														
Fruit salad														
Jam doughnut		✓		V			✓							
Jam tart		✓		V			✓							
Jelly														

Muffin	√	✓		√				
Sprinkle cake	V	✓		✓				
Yoghurt				✓				

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You can find this template, including more information at www.food.gov.uk/allergy